

# UFO HUB

LIVE STREAM



1  
00:00:00,440 --> 00:00:06,950

[Music]

2  
00:00:06,960 --> 00:00:26,110

do

3  
00:00:26,120 --> 00:01:01,430

[Music]

4  
00:01:05,429 --> 00:01:03,430

hey everyone welcome to the ofahub

5  
00:01:06,710 --> 00:01:05,439

livestream today's guest is going to be

6  
00:01:08,469 --> 00:01:06,720

dee wallace

7  
00:01:10,310 --> 00:01:08,479

she's a world renowned actress and

8  
00:01:12,630 --> 00:01:10,320

author and has been talking to people

9  
00:01:15,270 --> 00:01:12,640

and lecturing on self-creation for well

10  
00:01:17,190 --> 00:01:15,280

over 30 years so i'm excited to talk to

11  
00:01:19,749 --> 00:01:17,200

her today she'll be talking to me about

12  
00:01:23,030 --> 00:01:19,759

a new book called born giving birth to a

13  
00:01:25,270 --> 00:01:23,040

new you and so i'm going to have d on

14

00:01:26,789 --> 00:01:25,280

for a short time so i'm hoping for those

15

00:01:29,190 --> 00:01:26,799

that would like to ask some questions

16

00:01:31,590 --> 00:01:29,200

later on uh during the q a to please

17

00:01:34,149 --> 00:01:31,600

submit your questions on chat using

18

00:01:36,069 --> 00:01:34,159

three asterisks before your question um

19

00:01:37,910 --> 00:01:36,079

or join the live

20

00:01:40,469 --> 00:01:37,920

the live chat going on right now on

21

00:01:43,910 --> 00:01:40,479

telegram to where you can ask the

22

00:01:45,030 --> 00:01:43,920

questions uh directly and so um

23

00:01:46,950 --> 00:01:45,040

we'll

24

00:01:48,149 --> 00:01:46,960

you can uh for the telegram specifically

25

00:01:50,389 --> 00:01:48,159

you can download the app on your

26

00:01:53,190 --> 00:01:50,399

telephone and the computer i have the

27

00:01:55,910 --> 00:01:53,200

link for the ufo hub telegram group in

28

00:01:58,230 --> 00:01:55,920

the description below and uh as always

29

00:02:00,149 --> 00:01:58,240

all the links for all all my speakers

30

00:02:02,149 --> 00:02:00,159

their information is in the description

31

00:02:03,670 --> 00:02:02,159

as well so please don't hesitate check

32

00:02:04,469 --> 00:02:03,680

it out and see what else they have to

33

00:02:07,350 --> 00:02:04,479

offer

34

00:02:09,589 --> 00:02:07,360

so uh with um without any further ado

35

00:02:11,750 --> 00:02:09,599

and because of a short time uh let me uh

36

00:02:15,190 --> 00:02:11,760

bring in uh dee wallace

37

00:02:17,910 --> 00:02:15,200

uh dee thanks for being on uh welcome

38

00:02:20,309 --> 00:02:17,920

oh i'm so happy to be here

39

00:02:21,270 --> 00:02:20,319

and i'm so happy that we

40

00:02:25,190 --> 00:02:21,280

met

41

00:02:28,150 --> 00:02:25,200

through our friend dolores cannon

42

00:02:30,390 --> 00:02:28,160

uh me too very much so especially since

43

00:02:31,589 --> 00:02:30,400

it's been quite a while eight years and

44

00:02:33,830 --> 00:02:31,599

uh

45

00:02:35,750 --> 00:02:33,840

i was very excited that even though you

46

00:02:37,509 --> 00:02:35,760

were not feeling well and all the things

47

00:02:39,110 --> 00:02:37,519

you were going through that you know you

48

00:02:40,470 --> 00:02:39,120

still agreed to do an interview with me

49

00:02:42,470 --> 00:02:40,480

and it meant a lot to me i really

50

00:02:44,790 --> 00:02:42,480

appreciate it

51  
00:02:46,550 --> 00:02:44,800  
you're talking about way back then eight

52  
00:02:48,630 --> 00:02:46,560  
years ago yes

53  
00:02:50,470 --> 00:02:48,640  
absolutely darling you're welcome and

54  
00:02:51,509 --> 00:02:50,480  
i'm really happy to be here with you

55  
00:02:53,589 --> 00:02:51,519  
again

56  
00:02:55,990 --> 00:02:53,599  
well great thank you all right so let's

57  
00:02:57,589 --> 00:02:56,000  
um i figure before we go into into your

58  
00:02:59,030 --> 00:02:57,599  
book if you could please give us a

59  
00:03:01,750 --> 00:02:59,040  
little bit of uh you know a little bit

60  
00:03:04,630 --> 00:03:01,760  
of information about yourself uh maybe

61  
00:03:07,110 --> 00:03:04,640  
how you got started with with the

62  
00:03:09,350 --> 00:03:07,120  
spiritual aspects of things uh maybe how

63  
00:03:11,750 --> 00:03:09,360

it incorporated with your acting and

64

00:03:13,430 --> 00:03:11,760

then after that i'll ask you some more

65

00:03:16,149 --> 00:03:13,440

questions

66

00:03:18,790 --> 00:03:16,159

okay i'll try and put this

67

00:03:22,390 --> 00:03:18,800

in a nutshell as much as i can

68

00:03:24,070 --> 00:03:22,400

um when i was a very little girl i would

69

00:03:25,589 --> 00:03:24,080

get messages

70

00:03:27,190 --> 00:03:25,599

and channel

71

00:03:29,430 --> 00:03:27,200

um

72

00:03:32,470 --> 00:03:29,440

one time i woke up i think i was about

73

00:03:35,509 --> 00:03:32,480

eight years old i i spent every day with

74

00:03:37,990 --> 00:03:35,519

my grandmother so we were very close

75

00:03:39,830 --> 00:03:38,000

because my mom had to work and i

76

00:03:42,149 --> 00:03:39,840

woke up in the middle of the night

77

00:03:44,390 --> 00:03:42,159

around three a.m and i went into my mom

78

00:03:46,070 --> 00:03:44,400

and i said mommy something's wrong at

79

00:03:48,710 --> 00:03:46,080

grandma's

80

00:03:51,350 --> 00:03:48,720

and god bless my mother she got up and

81

00:03:53,030 --> 00:03:51,360

called and nobody answered so we drove

82

00:03:56,149 --> 00:03:53,040

over there

83

00:03:59,190 --> 00:03:56,159

and the cat had gotten up on the stove

84

00:04:01,429 --> 00:03:59,200

and turned all the burners on so the

85

00:04:04,229 --> 00:04:01,439

house was filling with gas

86

00:04:07,509 --> 00:04:04,239

and i would have a lot of experiences

87

00:04:11,030 --> 00:04:07,519

like that my father visited me

88

00:04:13,429 --> 00:04:11,040

as a light in my room after his suicide

89

00:04:16,629 --> 00:04:13,439

um in high school

90

00:04:18,870 --> 00:04:16,639

and then i went to college and i kind of

91

00:04:21,349 --> 00:04:18,880

put all that away until

92

00:04:22,150 --> 00:04:21,359

i met my husband christopher stone who

93

00:04:24,870 --> 00:04:22,160

was

94

00:04:27,990 --> 00:04:24,880

very interested in a

95

00:04:29,189 --> 00:04:28,000

a program called conceptology

96

00:04:32,390 --> 00:04:29,199

which uh

97

00:04:34,550 --> 00:04:32,400

was a philosophy that way preceded the

98

00:04:38,070 --> 00:04:34,560

secret and all of that

99

00:04:40,550 --> 00:04:38,080

so we would go a couple of times a month

100

00:04:44,469 --> 00:04:40,560

uh down to santa ana

101  
00:04:47,510 --> 00:04:44,479  
and study that philosophy and

102  
00:04:49,510 --> 00:04:47,520  
and so it started opening up all these

103  
00:04:52,710 --> 00:04:49,520  
things for me again

104  
00:04:55,270 --> 00:04:52,720  
and then he died suddenly and i dropped

105  
00:04:56,950 --> 00:04:55,280  
to my knees and i said

106  
00:04:58,790 --> 00:04:56,960  
i don't want to be a victim and i don't

107  
00:05:02,629 --> 00:04:58,800  
want to be pissed off the rest of my

108  
00:05:04,790 --> 00:05:02,639  
life i want a way we can heal ourselves

109  
00:05:08,469 --> 00:05:04,800  
which is asking

110  
00:05:11,430 --> 00:05:08,479  
and like that i started receiving

111  
00:05:13,990 --> 00:05:11,440  
channeled messages and the first one

112  
00:05:16,230 --> 00:05:14,000  
was use the light within you

113  
00:05:17,590 --> 00:05:16,240

to heal yourself

114

00:05:20,310 --> 00:05:17,600

and i've

115

00:05:23,029 --> 00:05:20,320

pretty much been exploring

116

00:05:25,350 --> 00:05:23,039

what that means in the most exponential

117

00:05:26,150 --> 00:05:25,360

terms ever since

118

00:05:35,270 --> 00:05:26,160

and

119

00:05:36,790 --> 00:05:35,280

all of a sudden i would start getting

120

00:05:38,710 --> 00:05:36,800

messages

121

00:05:41,590 --> 00:05:38,720

from all my students about where their

122

00:05:44,070 --> 00:05:41,600

blocks were in their scenes and

123

00:05:47,110 --> 00:05:44,080

their life started to change and then

124

00:05:48,870 --> 00:05:47,120

their parents worked with me and

125

00:05:53,510 --> 00:05:48,880

then their friends worked with me and

126

00:05:56,710 --> 00:05:53,520

now i have clients all over the world

127

00:06:01,830 --> 00:05:56,720

i'm a clairaudient channel so i receive

128

00:06:04,230 --> 00:06:02,680

and

129

00:06:07,749 --> 00:06:04,240

[Music]

130

00:06:10,629 --> 00:06:07,759

all my books that i've written

131

00:06:13,110 --> 00:06:10,639

are around the creation process but my

132

00:06:14,230 --> 00:06:13,120

latest book born

133

00:06:18,390 --> 00:06:14,240

is

134

00:06:22,150 --> 00:06:18,400

really easy to read

135

00:06:27,270 --> 00:06:22,160

and it's a primer for every step you

136

00:06:33,749 --> 00:06:30,629

so the bourne is is um uh

137

00:06:36,870 --> 00:06:33,759

was is this your fifth book or is born

138

00:06:38,469 --> 00:06:36,880

in your sixth sixth book and so um can

139

00:06:41,670 --> 00:06:38,479

you maybe uh

140

00:06:43,990 --> 00:06:41,680

give us just the basics of of

141

00:06:46,469 --> 00:06:44,000

what it entails what it is

142

00:06:48,390 --> 00:06:46,479

that you want people to know in this new

143

00:06:52,150 --> 00:06:48,400

book well again

144

00:06:53,909 --> 00:06:52,160

it is every step that needs to happen

145

00:06:58,230 --> 00:06:53,919

for you to create

146

00:07:01,270 --> 00:06:58,240

money or relationships or health or

147

00:07:03,990 --> 00:07:01,280

the first one would be choice

148

00:07:06,390 --> 00:07:04,000

most people think

149

00:07:08,309 --> 00:07:06,400

they make conscious choices

150

00:07:10,390 --> 00:07:08,319

most people don't

151  
00:07:13,189 --> 00:07:10,400  
most people when you say well what do

152  
00:07:14,309 --> 00:07:13,199  
you want well i

153  
00:07:16,309 --> 00:07:14,319  
um

154  
00:07:17,830 --> 00:07:16,319  
i i don't want to have to worry about

155  
00:07:20,870 --> 00:07:17,840  
money

156  
00:07:23,270 --> 00:07:20,880  
you know i don't want to be sick anymore

157  
00:07:24,469 --> 00:07:23,280  
so they will tell you what they don't

158  
00:07:26,629 --> 00:07:24,479  
want

159  
00:07:29,270 --> 00:07:26,639  
which of course

160  
00:07:31,670 --> 00:07:29,280  
a lot of my work combines brain science

161  
00:07:34,230 --> 00:07:31,680  
with spirituality

162  
00:07:37,909 --> 00:07:34,240  
and in brain science

163  
00:07:41,189 --> 00:07:37,919

whatever you focus on you create more of

164

00:07:45,350 --> 00:07:41,199

that's why in the bible christ said

165

00:07:46,869 --> 00:07:45,360

think only on these things joy peace

166

00:07:49,510 --> 00:07:46,879

love

167

00:07:51,430 --> 00:07:49,520

because that's what you will create more

168

00:07:52,869 --> 00:07:51,440

of in your life

169

00:07:54,950 --> 00:07:52,879

so

170

00:07:59,589 --> 00:07:54,960

uh one of the

171

00:08:05,029 --> 00:08:01,589

important chapters

172

00:08:07,270 --> 00:08:05,039

in born is called the three pillars

173

00:08:09,589 --> 00:08:07,280

because if the three pillars

174

00:08:13,189 --> 00:08:09,599

aren't in alignment

175

00:08:15,909 --> 00:08:13,199

then your creation is

176  
00:08:17,270 --> 00:08:15,919  
thwarted or watered down or not brought

177  
00:08:18,150 --> 00:08:17,280  
in at all

178  
00:08:21,270 --> 00:08:18,160  
and

179  
00:08:23,110 --> 00:08:21,280  
those three pillars are how i see myself

180  
00:08:29,909 --> 00:08:23,120  
how i see the world

181  
00:08:33,190 --> 00:08:29,919  
most of you know i'm an actress i have

182  
00:08:37,430 --> 00:08:33,200  
over 250 credits now

183  
00:08:39,670 --> 00:08:37,440  
i just finished another wonderful

184  
00:08:41,190 --> 00:08:39,680  
romantic comedy

185  
00:08:43,909 --> 00:08:41,200  
and

186  
00:08:46,470 --> 00:08:43,919  
so in the beginning now i had to say

187  
00:08:49,750 --> 00:08:46,480  
okay i am an actress

188  
00:08:51,430 --> 00:08:49,760

i see me as an actress

189

00:08:53,590 --> 00:08:51,440

but then if i

190

00:08:55,990 --> 00:08:53,600

looked out into the world and i said but

191

00:08:57,670 --> 00:08:56,000

nobody else out there is gonna see me as

192

00:09:01,030 --> 00:08:57,680

an actress

193

00:09:03,509 --> 00:09:01,040

no nobody the casting directors or

194

00:09:07,509 --> 00:09:03,519

agents they're not gonna

195

00:09:08,790 --> 00:09:07,519

see me as who i think i am then it stops

196

00:09:09,829 --> 00:09:08,800

there

197

00:09:12,230 --> 00:09:09,839

or

198

00:09:15,030 --> 00:09:12,240

if i say you know i think

199

00:09:16,790 --> 00:09:15,040

uh everybody i think there there's a

200

00:09:19,829 --> 00:09:16,800

world out there that i could be an

201  
00:09:25,990 --> 00:09:23,269  
but i don't think anybody is looking at

202  
00:09:27,910 --> 00:09:26,000  
me and seeing the actress that i am then

203  
00:09:30,710 --> 00:09:27,920  
it stops there

204  
00:09:33,990 --> 00:09:30,720  
so all those three things have to be in

205  
00:09:35,350 --> 00:09:34,000  
alignment and i i devote a whole chapter

206  
00:09:38,550 --> 00:09:35,360  
to that i

207  
00:09:40,150 --> 00:09:38,560  
talk a lot about the power of love

208  
00:09:43,110 --> 00:09:40,160  
most of us

209  
00:09:44,710 --> 00:09:43,120  
think love is something that happens to

210  
00:09:48,870 --> 00:09:44,720  
us

211  
00:09:50,470 --> 00:09:48,880  
and love is actually

212  
00:09:53,110 --> 00:09:50,480  
the most powerful

213  
00:09:54,470 --> 00:09:53,120

force we have to create

214

00:09:56,310 --> 00:09:54,480

anything

215

00:09:57,910 --> 00:09:56,320

that we want

216

00:10:00,070 --> 00:09:57,920

but

217

00:10:02,550 --> 00:10:00,080

most of us

218

00:10:05,190 --> 00:10:02,560

don't use love because we don't like the

219

00:10:08,470 --> 00:10:05,200

fact that we don't have what we want

220

00:10:11,509 --> 00:10:08,480

so we don't like not having money

221

00:10:14,310 --> 00:10:11,519

so our minds go what do you mean i have

222

00:10:17,030 --> 00:10:14,320

to love money i don't have it

223

00:10:19,430 --> 00:10:17,040

your monkey mind comes in

224

00:10:23,430 --> 00:10:19,440

and

225

00:10:28,150 --> 00:10:26,870

self-love is incredibly important

226

00:10:31,190 --> 00:10:28,160

because

227

00:10:33,430 --> 00:10:31,200

who do we want to give everything to

228

00:10:35,670 --> 00:10:33,440

the people we love

229

00:10:39,350 --> 00:10:35,680

and we're usually at the end of that

230

00:10:42,069 --> 00:10:39,360

list if we're on it at all

231

00:10:44,949 --> 00:10:42,079

because most of us are taught

232

00:10:47,110 --> 00:10:44,959

that to love ourselves is

233

00:10:48,310 --> 00:10:47,120

um

234

00:10:51,910 --> 00:10:48,320

selfish

235

00:10:55,110 --> 00:10:51,920

and braggadacious and god and people

236

00:10:58,710 --> 00:10:55,120

are going to judge us and not love us

237

00:11:01,829 --> 00:10:58,720

if we know how special we are

238

00:11:03,829 --> 00:11:01,839

so we've just been taught a lot of

239

00:11:06,150 --> 00:11:03,839

really false

240

00:11:09,590 --> 00:11:06,160

uh belief systems

241

00:11:12,790 --> 00:11:09,600

and as the good book says as you believe

242

00:11:15,430 --> 00:11:12,800

it is delivered to you it's kind of like

243

00:11:18,230 --> 00:11:15,440

you know the film the matrix

244

00:11:21,350 --> 00:11:18,240

pick a door any door

245

00:11:25,590 --> 00:11:23,910

that is the experience then that you can

246

00:11:27,670 --> 00:11:25,600

choose to have

247

00:11:29,110 --> 00:11:27,680

but you're choosing it

248

00:11:30,949 --> 00:11:29,120

you see

249

00:11:32,470 --> 00:11:30,959

everything starts

250

00:11:35,509 --> 00:11:32,480

within us

251

00:11:37,509 --> 00:11:35,519

everything every part of creation

252

00:11:39,590 --> 00:11:37,519

starts within us that's why we were

253

00:11:43,829 --> 00:11:39,600

given free will

254

00:11:46,310 --> 00:11:43,839

so i'll let you take it from there

255

00:11:48,389 --> 00:11:46,320

well i agree uh when it comes to love

256

00:11:50,949 --> 00:11:48,399

especially that part because i think a

257

00:11:53,590 --> 00:11:50,959

lot of people kind of use it as this

258

00:11:55,269 --> 00:11:53,600

throwaway word right it's always

259

00:11:57,509 --> 00:11:55,279

because it's always kind of a set us a

260

00:11:59,190 --> 00:11:57,519

byline you know okay love you bye hey

261

00:12:01,509 --> 00:11:59,200

you know i love you all okay take care

262

00:12:03,350 --> 00:12:01,519

thanks you know and it's um almost like

263

00:12:05,509 --> 00:12:03,360

through that it's nice as it is it kind

264

00:12:07,190 --> 00:12:05,519

of loses its meaning you know but then

265

00:12:09,110 --> 00:12:07,200

at the same time you forget the power of

266

00:12:12,389 --> 00:12:09,120

it you know what it truly means to love

267

00:12:14,389 --> 00:12:12,399

somebody and so well i i think a lot of

268

00:12:16,710 --> 00:12:14,399

us believe

269

00:12:19,269 --> 00:12:16,720

that we have to be loved before we can

270

00:12:22,389 --> 00:12:19,279

choose to love

271

00:12:25,509 --> 00:12:22,399

we're always a choice to live in love

272

00:12:28,870 --> 00:12:25,519

love isn't something that happens to you

273

00:12:33,110 --> 00:12:29,910

right

274

00:12:36,470 --> 00:12:33,120

and so uh i don't i don't wish to switch

275

00:12:39,670 --> 00:12:36,480

to this um you know very very you know

276

00:12:41,190 --> 00:12:39,680

very early but in your while you were

277

00:12:42,150 --> 00:12:41,200

writing this book

278

00:12:43,430 --> 00:12:42,160

was it

279

00:12:45,350 --> 00:12:43,440

basically just all these different

280

00:12:47,750 --> 00:12:45,360

inspirations and your own

281

00:12:50,150 --> 00:12:47,760

overcoming of all these different issues

282

00:12:53,590 --> 00:12:50,160

that kind of were bound together to

283

00:12:54,310 --> 00:12:53,600

create this book born not at all not at

284

00:12:59,670 --> 00:12:54,320

all

285

00:13:02,470 --> 00:12:59,680

i sat down

286

00:13:04,790 --> 00:13:02,480

look when the pandemic hit

287

00:13:06,790 --> 00:13:04,800

and i got up one morning and all the

288

00:13:07,910 --> 00:13:06,800

studios it closed down and they went oh

289

00:13:09,910 --> 00:13:07,920

my god

290

00:13:11,750 --> 00:13:09,920

how am i going to make a living

291

00:13:13,509 --> 00:13:11,760

my channel said d

292

00:13:16,230 --> 00:13:13,519

the studios aren't your living your

293

00:13:17,990 --> 00:13:16,240

consciousness is your living

294

00:13:21,829 --> 00:13:18,000

get up every day

295

00:13:24,230 --> 00:13:21,839

and say okay what can i create today

296

00:13:26,550 --> 00:13:24,240

and one day i got up and said okay what

297

00:13:27,590 --> 00:13:26,560

can i create today and i heard write the

298

00:13:29,750 --> 00:13:27,600

book

299

00:13:32,550 --> 00:13:29,760

so i did

300

00:13:39,030 --> 00:13:35,829

i just went into my channel they gave me

301  
00:13:41,910 --> 00:13:39,040  
chapter one chapter two chapter three

302  
00:13:43,110 --> 00:13:41,920  
everything is built

303  
00:13:48,790 --> 00:13:43,120  
and

304  
00:13:51,189 --> 00:13:48,800  
you know people

305  
00:13:54,470 --> 00:13:51,199  
people think that creation is really

306  
00:13:55,350 --> 00:13:54,480  
hard and that it has to be very serious

307  
00:13:58,230 --> 00:13:55,360  
right

308  
00:14:00,790 --> 00:13:58,240  
the lighter you are and the more fun you

309  
00:14:03,030 --> 00:14:00,800  
have creating what you want the more the

310  
00:14:05,750 --> 00:14:03,040  
universe responds

311  
00:14:07,269 --> 00:14:05,760  
and i talk a lot about that in

312  
00:14:10,069 --> 00:14:07,279  
born also

313  
00:14:11,269 --> 00:14:10,079

that we're electrical beings they

314

00:14:13,110 --> 00:14:11,279

measure our hearts through

315

00:14:14,550 --> 00:14:13,120

electrocardiograms

316

00:14:16,629 --> 00:14:14,560

they measure our brains through

317

00:14:19,350 --> 00:14:16,639

electroencephalogram

318

00:14:21,269 --> 00:14:19,360

every thought and feeling we have has an

319

00:14:23,110 --> 00:14:21,279

electrical impulse

320

00:14:28,829 --> 00:14:23,120

that shoots out

321

00:14:30,790 --> 00:14:28,839

universe which is guess what

322

00:14:31,590 --> 00:14:30,800

electromagnetic

323

00:14:35,110 --> 00:14:31,600

so

324

00:14:38,389 --> 00:14:35,120

if we send out a positive frequency the

325

00:14:39,590 --> 00:14:38,399

universe is going okay there's a match

326  
00:14:42,150 --> 00:14:39,600  
to that

327  
00:14:44,389 --> 00:14:42,160  
and that gets sent back

328  
00:14:47,269 --> 00:14:44,399  
as the reality of our life

329  
00:14:49,350 --> 00:14:47,279  
if we send out a fearful

330  
00:14:51,670 --> 00:14:49,360  
limiting frequency

331  
00:14:54,710 --> 00:14:51,680  
the universe goes there's a match to

332  
00:14:55,509 --> 00:14:54,720  
that and that gets sent back

333  
00:14:57,990 --> 00:14:55,519  
so

334  
00:15:02,870 --> 00:14:58,000  
if you don't

335  
00:15:05,750 --> 00:15:02,880  
and your

336  
00:15:07,509 --> 00:15:05,760  
negative limiting thoughts which create

337  
00:15:09,670 --> 00:15:07,519  
your feelings

338  
00:15:13,030 --> 00:15:09,680

not much is going to change in your life

339

00:15:18,470 --> 00:15:16,150

do you have uh a favorite story or a

340

00:15:19,990 --> 00:15:18,480

story that you would like to share

341

00:15:21,509 --> 00:15:20,000

of um

342

00:15:24,150 --> 00:15:21,519

or something about

343

00:15:26,389 --> 00:15:24,160

creed using this power of creation or

344

00:15:27,590 --> 00:15:26,399

something that you you manifest in your

345

00:15:29,269 --> 00:15:27,600

life

346

00:15:34,310 --> 00:15:29,279

e.t

347

00:15:36,389 --> 00:15:34,320

um

348

00:15:39,269 --> 00:15:36,399

that's when we were

349

00:15:40,629 --> 00:15:39,279

attending these classes on conceptology

350

00:15:43,509 --> 00:15:40,639

and

351  
00:15:45,910 --> 00:15:43,519  
one week he said which my channel is

352  
00:15:49,430 --> 00:15:45,920  
very big on by the way

353  
00:15:50,629 --> 00:15:49,440  
write everything down that you want

354  
00:15:52,829 --> 00:15:50,639  
everything

355  
00:15:54,389 --> 00:15:52,839  
on a list

356  
00:15:56,870 --> 00:15:54,399  
and

357  
00:15:58,710 --> 00:15:56,880  
just look at it every day don't try to

358  
00:15:59,590 --> 00:15:58,720  
make it happen

359  
00:16:01,590 --> 00:15:59,600  
just

360  
00:16:03,670 --> 00:16:01,600  
look at it and go wow wouldn't that be

361  
00:16:06,629 --> 00:16:03,680  
fun

362  
00:16:11,749 --> 00:16:06,639  
i did that in june in august

363  
00:16:15,430 --> 00:16:13,430

now

364

00:16:18,310 --> 00:16:15,440

you see i couldn't have

365

00:16:20,150 --> 00:16:18,320

really honed in on et and created et

366

00:16:21,990 --> 00:16:20,160

cause i didn't even know it was being

367

00:16:25,949 --> 00:16:22,000

created

368

00:16:28,629 --> 00:16:27,590

vibrationally

369

00:16:30,310 --> 00:16:28,639

to

370

00:16:31,350 --> 00:16:30,320

that movie

371

00:16:33,670 --> 00:16:31,360

and

372

00:16:36,150 --> 00:16:33,680

it's no surprise

373

00:16:38,870 --> 00:16:36,160

that the message of the movie is keep

374

00:16:41,350 --> 00:16:38,880

your heart open keep your heart light on

375

00:16:46,389 --> 00:16:41,360

you get back to the home of you

376

00:16:49,990 --> 00:16:48,870

the other some stories from

377

00:16:52,230 --> 00:16:50,000

some of the people that might have

378

00:16:55,030 --> 00:16:52,240

written to you to that have told you

379

00:16:58,230 --> 00:16:55,040

about their their creation stories

380

00:16:59,350 --> 00:16:58,240

oh yes i have a lot of them in the book

381

00:17:00,230 --> 00:16:59,360

born

382

00:17:01,590 --> 00:17:00,240

um

383

00:17:05,110 --> 00:17:01,600

one of my

384

00:17:07,510 --> 00:17:05,120

favorites um

385

00:17:08,470 --> 00:17:07,520

and i i just did a private session with

386

00:17:09,990 --> 00:17:08,480

her

387

00:17:11,829 --> 00:17:10,000

uh today

388

00:17:14,069 --> 00:17:11,839

but

389

00:17:15,750 --> 00:17:14,079

she needed to get from new york to

390

00:17:17,189 --> 00:17:15,760

california

391

00:17:18,630 --> 00:17:17,199

and

392

00:17:21,110 --> 00:17:18,640

um

393

00:17:22,789 --> 00:17:21,120

her flight was canceled

394

00:17:25,110 --> 00:17:22,799

and her family said well you might as

395

00:17:27,029 --> 00:17:25,120

well come home you're not ever going to

396

00:17:29,110 --> 00:17:27,039

get on another flight today she said oh

397

00:17:31,750 --> 00:17:29,120

yes i will

398

00:17:34,310 --> 00:17:31,760

and she just sat down and she said dee i

399

00:17:38,070 --> 00:17:34,320

did everything you taught

400

00:17:41,990 --> 00:17:38,080

i sat there i envisioned exactly what i

401  
00:17:47,029 --> 00:17:42,000  
wanted i said everything that i wanted i

402  
00:17:49,190 --> 00:17:47,039  
said i am not i want i am

403  
00:17:51,510 --> 00:17:49,200  
getting home today

404  
00:17:54,630 --> 00:17:51,520  
and it's gonna be easy

405  
00:17:57,830 --> 00:17:54,640  
and i'm gonna attract the right person

406  
00:18:00,549 --> 00:17:57,840  
so she went up to the first person

407  
00:18:02,470 --> 00:18:00,559  
and she had made her

408  
00:18:04,950 --> 00:18:02,480  
flight through a

409  
00:18:05,909 --> 00:18:04,960  
a third agency thing

410  
00:18:08,630 --> 00:18:05,919  
and

411  
00:18:12,070 --> 00:18:08,640  
the attendant said oh i'm so sorry you

412  
00:18:13,669 --> 00:18:12,080  
know we we do have room on the plane

413  
00:18:15,430 --> 00:18:13,679

but um

414

00:18:16,549 --> 00:18:15,440

since you made it through this third

415

00:18:19,590 --> 00:18:16,559

person

416

00:18:22,470 --> 00:18:19,600

agency we can't change your

417

00:18:24,950 --> 00:18:22,480

your reservation

418

00:18:26,470 --> 00:18:24,960

and she said okay

419

00:18:28,630 --> 00:18:26,480

and she said i

420

00:18:30,070 --> 00:18:28,640

i left for an hour i went to get

421

00:18:32,549 --> 00:18:30,080

something to eat

422

00:18:34,310 --> 00:18:32,559

they had changed attendance i went back

423

00:18:35,990 --> 00:18:34,320

and i said hi

424

00:18:39,270 --> 00:18:36,000

i would really like to get on this

425

00:18:44,549 --> 00:18:39,280

flight to los angeles

426

00:18:46,630 --> 00:18:44,559

and i told her my story and she said oh

427

00:18:49,669 --> 00:18:46,640

you know you've made

428

00:18:52,710 --> 00:18:49,679

and then she looked at her and she said

429

00:18:53,990 --> 00:18:52,720

i'm not supposed to do this but i really

430

00:18:56,310 --> 00:18:54,000

like you

431

00:18:58,630 --> 00:18:56,320

so i'm gonna let you on i'm gonna change

432

00:19:02,470 --> 00:18:58,640

your reservation and she got

433

00:19:06,310 --> 00:19:02,480

you know i i have so many stories

434

00:19:07,350 --> 00:19:06,320

i've created three series

435

00:19:08,150 --> 00:19:07,360

with the

436

00:19:11,510 --> 00:19:08,160

the

437

00:19:15,990 --> 00:19:12,870

premise

438

00:19:18,710 --> 00:19:16,000

that i write in born

439

00:19:21,669 --> 00:19:18,720

i created my daughter

440

00:19:24,310 --> 00:19:21,679

i had six specialists tell me i would

441

00:19:26,630 --> 00:19:24,320

never have a baby

442

00:19:29,350 --> 00:19:26,640

and i said you know what god and i have

443

00:19:32,150 --> 00:19:29,360

a different plan dude

444

00:19:35,029 --> 00:19:32,160

and i saw her

445

00:19:38,950 --> 00:19:35,039

i knew i wanted a little girl

446

00:19:40,630 --> 00:19:38,960

and i saw her and i felt her and i kept

447

00:19:43,029 --> 00:19:40,640

focused on her

448

00:19:44,789 --> 00:19:43,039

now did i have to work with an

449

00:19:46,390 --> 00:19:44,799

acupuncturist

450

00:19:49,190 --> 00:19:46,400

you bet

451  
00:19:51,350 --> 00:19:49,200  
and i was willing to

452  
00:19:53,029 --> 00:19:51,360  
did i have to

453  
00:19:55,510 --> 00:19:53,039  
take a film

454  
00:19:58,630 --> 00:19:55,520  
and go to australia

455  
00:20:02,230 --> 00:19:58,640  
to meet with a specialist down there

456  
00:20:05,909 --> 00:20:02,240  
who told me i had this huge fibroid that

457  
00:20:07,590 --> 00:20:05,919  
none of these other doctors could find

458  
00:20:10,390 --> 00:20:07,600  
but you see

459  
00:20:12,710 --> 00:20:10,400  
when you are clear

460  
00:20:16,310 --> 00:20:12,720  
and when you are committed

461  
00:20:18,630 --> 00:20:16,320  
the universe opens up all kinds of

462  
00:20:21,830 --> 00:20:18,640  
avenues to take you

463  
00:20:23,990 --> 00:20:21,840

to your dream

464

00:20:26,470 --> 00:20:24,000

you know i think uh people also they

465

00:20:27,909 --> 00:20:26,480

almost become afraid when

466

00:20:29,350 --> 00:20:27,919

when they're

467

00:20:31,270 --> 00:20:29,360

it's almost like they have it ingrained

468

00:20:32,390 --> 00:20:31,280

in them that whatever you want it has to

469

00:20:35,830 --> 00:20:32,400

be hard

470

00:20:37,990 --> 00:20:35,840

you know because

471

00:20:40,310 --> 00:20:38,000

right and so uh could you maybe a little

472

00:20:41,350 --> 00:20:40,320

bit talk about you know uh that part

473

00:20:42,230 --> 00:20:41,360

about

474

00:20:44,710 --> 00:20:42,240

you know

475

00:20:46,149 --> 00:20:44,720

possibly with the actual

476

00:20:48,230 --> 00:20:46,159

you know not

477

00:20:51,190 --> 00:20:48,240

what you will call it uh um basically

478

00:20:52,789 --> 00:20:51,200

not uh using love as this throwaway word

479

00:20:54,470 --> 00:20:52,799

and then getting rid of fear are there

480

00:20:56,870 --> 00:20:54,480

any specific steps because i don't know

481

00:20:58,710 --> 00:20:56,880

why people can't just say you know okay

482

00:21:00,789 --> 00:20:58,720

go ahead and you know just do what you

483

00:21:02,630 --> 00:21:00,799

need to do right like the nike logo just

484

00:21:04,789 --> 00:21:02,640

do it they always want these one two

485

00:21:06,149 --> 00:21:04,799

three steps programs for some reason i

486

00:21:07,669 --> 00:21:06,159

don't know if it's our brains or how

487

00:21:09,350 --> 00:21:07,679

we're wired

488

00:21:11,830 --> 00:21:09,360

i'll tell you why

489

00:21:14,630 --> 00:21:11,840

because our brains

490

00:21:16,950 --> 00:21:14,640

around how we see ourselves how our we

491

00:21:18,070 --> 00:21:16,960

see our self-esteem how we see ourself

492

00:21:21,990 --> 00:21:18,080

in the world

493

00:21:26,870 --> 00:21:22,000

totally locked in by eight years old

494

00:21:29,110 --> 00:21:26,880

so whatever you were taught or modeled

495

00:21:31,909 --> 00:21:29,120

in front of you from the time of

496

00:21:34,950 --> 00:21:31,919

conception to eight years old that's how

497

00:21:37,430 --> 00:21:34,960

you think the world works

498

00:21:39,750 --> 00:21:37,440

and that's why they talk about sins of

499

00:21:42,710 --> 00:21:39,760

the fathers being passed down because

500

00:21:46,070 --> 00:21:42,720

all our parents were taught that they

501  
00:21:48,789 --> 00:21:46,080  
needed to struggle because their parents

502  
00:21:49,750 --> 00:21:48,799  
were taught that they needed to struggle

503  
00:21:50,549 --> 00:21:49,760  
right

504  
00:21:53,430 --> 00:21:50,559  
and

505  
00:21:57,669 --> 00:21:55,029  
we

506  
00:21:58,950 --> 00:21:57,679  
again as you believe it's delivered to

507  
00:22:01,990 --> 00:21:58,960  
you we

508  
00:22:04,470 --> 00:22:02,000  
have a belief system in place

509  
00:22:06,950 --> 00:22:04,480  
from childhood

510  
00:22:10,310 --> 00:22:06,960  
that if we don't struggle we won't get

511  
00:22:14,470 --> 00:22:11,510  
and so

512  
00:22:15,990 --> 00:22:14,480  
we get to our adult years and we keep

513  
00:22:18,710 --> 00:22:16,000

hammering

514

00:22:20,789 --> 00:22:18,720

against all these doors that we come up

515

00:22:22,470 --> 00:22:20,799

against

516

00:22:25,430 --> 00:22:22,480

and the more

517

00:22:29,190 --> 00:22:25,440

you resist the more resistance you get

518

00:22:33,350 --> 00:22:29,200

if you try pushing against a wall

519

00:22:37,270 --> 00:22:33,360

all your all you will get is resistance

520

00:22:38,950 --> 00:22:37,280

the universe works the same way

521

00:22:40,950 --> 00:22:38,960

so i guess and then in essence they

522

00:22:43,750 --> 00:22:40,960

don't necessarily have to go down the

523

00:22:45,029 --> 00:22:43,760

path of um necessarily learning how to

524

00:22:47,750 --> 00:22:45,039

channel or anything like that because

525

00:22:49,990 --> 00:22:47,760

this it's not required for what this is

526

00:22:52,870 --> 00:22:50,000

what this is right annoying is not

527

00:22:55,669 --> 00:22:52,880

required but the steps of understanding

528

00:22:58,149 --> 00:22:55,679

the steps of creation sure are

529

00:22:59,750 --> 00:22:58,159

you have to make a clear choice you have

530

00:23:01,350 --> 00:22:59,760

to commit to it

531

00:23:02,549 --> 00:23:01,360

you have to feel

532

00:23:04,310 --> 00:23:02,559

love

533

00:23:07,029 --> 00:23:04,320

around it

534

00:23:10,149 --> 00:23:07,039

and then you know there are other steps

535

00:23:11,510 --> 00:23:10,159

that they go into in the book

536

00:23:15,830 --> 00:23:11,520

but making

537

00:23:19,270 --> 00:23:15,840

a clear choice and committing to it

538

00:23:24,149 --> 00:23:21,350

most of us

539

00:23:26,470 --> 00:23:24,159

the best analogy i can give you is

540

00:23:28,070 --> 00:23:26,480

what you want is just on the other side

541

00:23:30,710 --> 00:23:28,080

of the door

542

00:23:31,669 --> 00:23:30,720

and most of us spend our lives

543

00:23:33,510 --> 00:23:31,679

going

544

00:23:36,230 --> 00:23:33,520

all right

545

00:23:38,390 --> 00:23:36,240

i gotta walk out that door gosh am i

546

00:23:40,630 --> 00:23:38,400

safe to walk out that door i really

547

00:23:43,750 --> 00:23:40,640

don't know what's on the other side

548

00:23:45,750 --> 00:23:43,760

am i too old maybe i'm too young

549

00:23:46,870 --> 00:23:45,760

or maybe i'm too fat to walk out the

550

00:23:48,950 --> 00:23:46,880

door

551  
00:23:52,070 --> 00:23:48,960  
maybe i'm not supposed to walk out the

552  
00:23:54,070 --> 00:23:52,080  
door maybe god doesn't want me to walk

553  
00:23:55,750 --> 00:23:54,080  
out the door

554  
00:23:58,310 --> 00:23:55,760  
maybe my

555  
00:23:59,430 --> 00:23:58,320  
my friends and everybody are going to

556  
00:24:02,310 --> 00:23:59,440  
judge me

557  
00:24:04,070 --> 00:24:02,320  
and we spend our whole life

558  
00:24:06,230 --> 00:24:04,080  
doing that when all we have to do is

559  
00:24:12,549 --> 00:24:06,240  
walk out the door

560  
00:24:12,559 --> 00:24:15,990  
so well the

561  
00:24:20,950 --> 00:24:18,870  
you know when it comes to especially

562  
00:24:22,710 --> 00:24:20,960  
let's say

563  
00:24:24,390 --> 00:24:22,720

you know these these certain steps that

564

00:24:27,110 --> 00:24:24,400

are sometimes in front of us you know i

565

00:24:29,269 --> 00:24:27,120

wish um um sometimes they're not that

566

00:24:30,789 --> 00:24:29,279

you know um

567

00:24:33,909 --> 00:24:30,799

because of this different fear and

568

00:24:36,149 --> 00:24:33,919

because of this lack of just wanting to

569

00:24:37,990 --> 00:24:36,159

to just grasp whatever is whatever is

570

00:24:40,710 --> 00:24:38,000

there for you to take you know i feel

571

00:24:42,789 --> 00:24:40,720

like that um people don't don't even

572

00:24:45,590 --> 00:24:42,799

just pick up on the subtle things that

573

00:24:46,789 --> 00:24:45,600

are just right there for example like if

574

00:24:48,630 --> 00:24:46,799

they

575

00:24:51,990 --> 00:24:48,640

there's always a first step right to

576

00:24:54,310 --> 00:24:52,000

something let's say um they if i let's

577

00:24:56,870 --> 00:24:54,320

for example use the uh to be an actor

578

00:24:59,350 --> 00:24:56,880

actress right they immediately expect a

579

00:25:01,830 --> 00:24:59,360

phone call from this big company to call

580

00:25:03,909 --> 00:25:01,840

them and sign them and then they're on

581

00:25:06,149 --> 00:25:03,919

they're not realizing that hey maybe

582

00:25:08,230 --> 00:25:06,159

this you know local you know theater

583

00:25:09,750 --> 00:25:08,240

group would like you to play this part

584

00:25:11,269 --> 00:25:09,760

and then from there it might build to

585

00:25:12,549 --> 00:25:11,279

something it's something else but

586

00:25:14,310 --> 00:25:12,559

they're always like no no no i'm gonna

587

00:25:15,990 --> 00:25:14,320

hold up for something better no no no

588

00:25:17,750 --> 00:25:16,000

i'm waiting for the for the big part

589

00:25:19,190 --> 00:25:17,760

that you know they don't realize that

590

00:25:21,350 --> 00:25:19,200

even the smallest

591

00:25:24,470 --> 00:25:21,360

obscure things you know is what will

592

00:25:26,710 --> 00:25:24,480

eventually get you where you need to go

593

00:25:28,870 --> 00:25:26,720

well i think a lot of people do that so

594

00:25:30,630 --> 00:25:28,880

they won't get there

595

00:25:31,510 --> 00:25:30,640

uh i see

596

00:25:34,230 --> 00:25:31,520

yeah

597

00:25:35,909 --> 00:25:34,240

they live in that illusion instead of

598

00:25:39,590 --> 00:25:35,919

being willing

599

00:25:40,830 --> 00:25:39,600

to take whatever steps they need to take

600

00:25:53,669 --> 00:25:40,840

i

601  
00:25:56,710 --> 00:25:53,679  
so

602  
00:26:00,710 --> 00:25:56,720  
never been out of kansas in my life

603  
00:26:02,870 --> 00:26:00,720  
moved to new york city by myself

604  
00:26:17,669 --> 00:26:02,880  
i

605  
00:26:20,390 --> 00:26:17,679  
for an unknown

606  
00:26:23,750 --> 00:26:20,400  
to star in the lead part

607  
00:26:26,549 --> 00:26:23,760  
so i wrote him this letter

608  
00:26:28,470 --> 00:26:26,559  
cheesiest letter oh my god i wish i

609  
00:26:30,630 --> 00:26:28,480  
still had a copy of it

610  
00:26:32,310 --> 00:26:30,640  
took the cheesiest picture

611  
00:26:35,029 --> 00:26:32,320  
and i sent it off

612  
00:26:37,350 --> 00:26:35,039  
to hal prince three weeks later his

613  
00:26:39,750 --> 00:26:37,360

secretary called and said mr prince

614

00:26:43,350 --> 00:26:39,760

would like to fly you to new york to

615

00:26:44,870 --> 00:26:43,360

audition for a little night music

616

00:26:47,350 --> 00:26:44,880

i said oh

617

00:26:48,549 --> 00:26:47,360

what day does he need me well it just so

618

00:26:50,549 --> 00:26:48,559

happened

619

00:26:53,510 --> 00:26:50,559

i already had

620

00:26:56,070 --> 00:26:53,520

booked a flight i had my ticket you know

621

00:26:57,029 --> 00:26:56,080

stupid me he would have flown me first

622

00:26:58,070 --> 00:26:57,039

class

623

00:27:01,029 --> 00:26:58,080

but

624

00:27:05,110 --> 00:27:01,039

the first day in new york i got down to

625

00:27:11,190 --> 00:27:07,830

in auditioning for hal prince

626  
00:27:12,070 --> 00:27:11,200  
when i got out here to la

627  
00:27:13,750 --> 00:27:12,080  
it

628  
00:27:15,669 --> 00:27:13,760  
you couldn't get on

629  
00:27:17,750 --> 00:27:15,679  
the lots

630  
00:27:19,430 --> 00:27:17,760  
so i said

631  
00:27:22,389 --> 00:27:19,440  
i'm gonna bake some chocolate chip

632  
00:27:25,110 --> 00:27:22,399  
cookies and i'm gonna wrap them up like

633  
00:27:27,269 --> 00:27:25,120  
you know some big fancy thing and

634  
00:27:29,190 --> 00:27:27,279  
and i pulled up to the guard gate and i

635  
00:27:31,669 --> 00:27:29,200  
said i have deliveries he said yeah go

636  
00:27:34,710 --> 00:27:31,679  
on through

637  
00:27:36,789 --> 00:27:34,720  
and that's how i got my first part i was

638  
00:27:40,070 --> 00:27:36,799

delivering cookies

639

00:27:42,710 --> 00:27:40,080

to the head of casting at universal

640

00:27:45,510 --> 00:27:42,720

and he said oh come on in i want to meet

641

00:27:47,590 --> 00:27:45,520

you and as i was sitting there they

642

00:27:49,029 --> 00:27:47,600

called from the set

643

00:27:50,789 --> 00:27:49,039

that

644

00:27:54,230 --> 00:27:50,799

the girl who was supposed to play the

645

00:27:57,269 --> 00:27:54,240

waitress who had five lines was sick

646

00:27:59,110 --> 00:27:57,279

and and that was the first scene up and

647

00:28:00,950 --> 00:27:59,120

he covered the phone he looked at me and

648

00:28:04,230 --> 00:28:00,960

said what size do you wear i said what

649

00:28:06,549 --> 00:28:04,240

size do you need any i'll get in it

650

00:28:08,630 --> 00:28:06,559

and that was my first

651  
00:28:11,430 --> 00:28:08,640  
but you see

652  
00:28:16,470 --> 00:28:11,440  
you have to be willing to play

653  
00:28:17,909 --> 00:28:16,480  
you have to be willing to go out there

654  
00:28:18,870 --> 00:28:17,919  
joyfully

655  
00:28:22,710 --> 00:28:18,880  
right

656  
00:28:25,990 --> 00:28:22,720  
you need to do

657  
00:28:27,110 --> 00:28:26,000  
within your moral boundaries

658  
00:28:31,669 --> 00:28:27,120  
that

659  
00:28:34,549 --> 00:28:31,679  
you get to the next step

660  
00:28:36,789 --> 00:28:34,559  
i what my first film was a religious

661  
00:28:38,470 --> 00:28:36,799  
film

662  
00:28:41,510 --> 00:28:38,480  
and i said you know

663  
00:28:42,830 --> 00:28:41,520

i'm going to invite 10 of the biggest

664

00:28:44,470 --> 00:28:42,840

uh

665

00:28:46,630 --> 00:28:44,480

agents

666

00:28:49,669 --> 00:28:46,640

that would handle somebody like me at

667

00:28:51,510 --> 00:28:49,679

this point in my career to see this film

668

00:28:52,389 --> 00:28:51,520

i'm gonna read a little

669

00:28:55,830 --> 00:28:52,399

uh

670

00:28:57,269 --> 00:28:55,840

film viewing place and

671

00:28:59,590 --> 00:28:57,279

everybody

672

00:29:01,669 --> 00:28:59,600

said are you kidding me

673

00:29:03,029 --> 00:29:01,679

they're going to laugh you out of that

674

00:29:05,190 --> 00:29:03,039

room dee

675

00:29:06,389 --> 00:29:05,200

they are going to laugh you out of that

676

00:29:08,470 --> 00:29:06,399

room no

677

00:29:10,310 --> 00:29:08,480

hollywood agent's going to sit there and

678

00:29:11,750 --> 00:29:10,320

watch a religious film

679

00:29:15,029 --> 00:29:11,760

well i said

680

00:29:16,230 --> 00:29:15,039

you know what if they

681

00:29:19,430 --> 00:29:16,240

can't see

682

00:29:21,590 --> 00:29:19,440

my acting in this film i don't want him

683

00:29:24,470 --> 00:29:21,600

to represent me anyway

684

00:29:27,190 --> 00:29:24,480

do you know eight of the nine agents

685

00:29:29,029 --> 00:29:27,200

that were there wanted to

686

00:29:30,470 --> 00:29:29,039

represent me

687

00:29:31,269 --> 00:29:30,480

well

688

00:29:33,510 --> 00:29:31,279

but

689

00:29:34,710 --> 00:29:33,520

i couldn't listen to everybody else's

690

00:29:38,470 --> 00:29:34,720

fears

691

00:29:40,389 --> 00:29:38,480

i had to stand in my knowing

692

00:29:42,549 --> 00:29:40,399

that i saw that film

693

00:29:46,630 --> 00:29:42,559

and i was good in it

694

00:29:49,830 --> 00:29:48,230

right

695

00:29:51,430 --> 00:29:49,840

you know as you you're telling me the

696

00:29:53,590 --> 00:29:51,440

story in just the way you know you're

697

00:29:57,190 --> 00:29:53,600

speaking about the things you've written

698

00:29:59,590 --> 00:29:57,200

in bourne it's it just seems like that

699

00:30:02,549 --> 00:29:59,600

victim mentality is like just not

700

00:30:07,510 --> 00:30:04,789

i have learned

701  
00:30:09,510 --> 00:30:07,520  
that that doesn't serve you ever at all

702  
00:30:11,029 --> 00:30:09,520  
in any scenario

703  
00:30:15,510 --> 00:30:11,039  
right

704  
00:30:17,510 --> 00:30:15,520  
you know just i'm i'm i'm excited to

705  
00:30:19,590 --> 00:30:17,520  
hear that too you know because i mean at

706  
00:30:21,350 --> 00:30:19,600  
the end of the day um

707  
00:30:23,269 --> 00:30:21,360  
it's your life i would think right you

708  
00:30:25,110 --> 00:30:23,279  
know you have to you'll you're living it

709  
00:30:27,029 --> 00:30:25,120  
and it's like if you don't take any

710  
00:30:28,789 --> 00:30:27,039  
steps and constantly hold yourself back

711  
00:30:30,950 --> 00:30:28,799  
because of some

712  
00:30:33,350 --> 00:30:30,960  
you know excuse you make up and and you

713  
00:30:34,870 --> 00:30:33,360

know continue being a victim then that's

714

00:30:36,789 --> 00:30:34,880

that's the story of your life that's

715

00:30:38,230 --> 00:30:36,799

going to be the story of your life until

716

00:30:41,029 --> 00:30:38,240

the end of your life

717

00:30:44,789 --> 00:30:41,039

and that's what most of us do

718

00:30:47,190 --> 00:30:44,799

we keep telling our stories

719

00:30:49,750 --> 00:30:47,200

and keep defining ourself through the

720

00:30:50,789 --> 00:30:49,760

limitations of those stories you know

721

00:30:51,990 --> 00:30:50,799

guys

722

00:30:57,190 --> 00:30:52,000

i was

723

00:31:01,350 --> 00:30:58,789

my father

724

00:31:04,389 --> 00:31:01,360

was a salesman

725

00:31:05,990 --> 00:31:04,399

who because of the war became a severe

726  
00:31:08,310 --> 00:31:06,000  
alcoholic

727  
00:31:10,710 --> 00:31:08,320  
pretty much most of my life from the

728  
00:31:12,549 --> 00:31:10,720  
time i can remember even

729  
00:31:13,990 --> 00:31:12,559  
seven or eight

730  
00:31:18,149 --> 00:31:14,000  
um

731  
00:31:24,789 --> 00:31:21,830  
but she was also a wonderful actress in

732  
00:31:26,389 --> 00:31:24,799  
community theater

733  
00:31:28,549 --> 00:31:26,399  
my grandmother

734  
00:31:31,990 --> 00:31:28,559  
uh

735  
00:31:34,710 --> 00:31:32,000  
was a beautiful artist

736  
00:31:37,990 --> 00:31:34,720  
never did anything outside of the home

737  
00:31:41,190 --> 00:31:38,000  
but beautiful pastel painter so there

738  
00:31:43,350 --> 00:31:41,200

was a lot of creativity

739

00:31:45,110 --> 00:31:43,360

in my house but

740

00:31:47,590 --> 00:31:45,120

my father when i was

741

00:31:49,509 --> 00:31:47,600

a senior in high school shot himself in

742

00:31:50,630 --> 00:31:49,519

the head

743

00:31:52,870 --> 00:31:50,640

so

744

00:31:54,470 --> 00:31:52,880

you know i have a lot of

745

00:31:56,950 --> 00:31:54,480

stories

746

00:31:59,509 --> 00:31:56,960

that i could have used well i

747

00:32:01,590 --> 00:31:59,519

i can't do this because that happened to

748

00:32:03,909 --> 00:32:01,600

me when i was little and

749

00:32:05,509 --> 00:32:03,919

you know and i've got all these memories

750

00:32:07,430 --> 00:32:05,519

and

751  
00:32:10,230 --> 00:32:07,440  
what's the point

752  
00:32:11,350 --> 00:32:10,240  
i you know da i work with this brain

753  
00:32:14,310 --> 00:32:11,360  
expert

754  
00:32:16,070 --> 00:32:14,320  
called dana dana wilde and i love the

755  
00:32:18,630 --> 00:32:16,080  
way she puts it she said you know

756  
00:32:21,590 --> 00:32:18,640  
there's nothing wrong with your story

757  
00:32:24,389 --> 00:32:21,600  
except you keep telling it

758  
00:32:25,669 --> 00:32:24,399  
and if we keep telling our stories

759  
00:32:29,029 --> 00:32:25,679  
we are

760  
00:32:32,950 --> 00:32:29,039  
literally directing energy

761  
00:32:35,990 --> 00:32:32,960  
to keep creating itself in our lives

762  
00:32:41,190 --> 00:32:39,190  
dee i wanted to um ask

763  
00:32:43,509 --> 00:32:41,200

i want to ask you one more question and

764

00:32:46,470 --> 00:32:43,519

i was thinking first maybe i'll go into

765

00:32:49,190 --> 00:32:46,480

some q a to see what kind of questions

766

00:32:51,110 --> 00:32:49,200

people might have um i wanted to ask you

767

00:32:53,669 --> 00:32:51,120

uh there's this other part that when i

768

00:32:55,669 --> 00:32:53,679

was looking over in preparation for for

769

00:32:58,710 --> 00:32:55,679

the show can you speak to me a little

770

00:32:59,669 --> 00:32:58,720

bit about the i love mies

771

00:33:04,029 --> 00:32:59,679

oh

772

00:33:07,830 --> 00:33:04,039

that's my that's my children's book

773

00:33:11,190 --> 00:33:07,840

bupalapaloo and the i love me oh yeah

774

00:33:13,110 --> 00:33:11,200

and it's it is available on amazon and

775

00:33:16,389 --> 00:33:13,120

barnes noble also

776

00:33:19,990 --> 00:33:16,399

um because i

777

00:33:22,149 --> 00:33:20,000

i just know how important it is because

778

00:33:23,190 --> 00:33:22,159

our brains are locked in at eight years

779

00:33:26,630 --> 00:33:23,200

old

780

00:33:29,590 --> 00:33:26,640

if we were all taught

781

00:33:34,389 --> 00:33:32,870

the true cores of creation when we were

782

00:33:36,950 --> 00:33:34,399

young

783

00:33:39,190 --> 00:33:36,960

my god how much more powerful would we

784

00:33:40,310 --> 00:33:39,200

all be how much

785

00:33:42,870 --> 00:33:40,320

happier

786

00:33:45,590 --> 00:33:42,880

would we all be and so

787

00:33:48,149 --> 00:33:45,600

the first book of bapalapaloo in the i

788

00:33:51,029 --> 00:33:48,159

love me's

789

00:33:54,230 --> 00:33:51,039

teaches the little boy in the book

790

00:33:55,029 --> 00:33:54,240

that he's got to choose who he wants to

791

00:33:57,830 --> 00:33:55,039

be

792

00:33:59,830 --> 00:33:57,840

you know he's daddy says i'm not strong

793

00:34:01,750 --> 00:33:59,840

enough and grandma says i'm not old

794

00:34:04,470 --> 00:34:01,760

enough and mom says

795

00:34:05,509 --> 00:34:04,480

i'm not a good enough friend and buppa

796

00:34:08,069 --> 00:34:05,519

says

797

00:34:09,190 --> 00:34:08,079

but you haven't asked the most important

798

00:34:12,149 --> 00:34:09,200

person

799

00:34:14,550 --> 00:34:12,159

and the little boy goes who is that and

800

00:34:16,470 --> 00:34:14,560

bubba says you

801  
00:34:18,149 --> 00:34:16,480  
who do you choose

802  
00:34:22,230 --> 00:34:18,159  
you want to be

803  
00:34:24,149 --> 00:34:22,240  
because we've got to start early giving

804  
00:34:26,389 --> 00:34:24,159  
our kids

805  
00:34:29,270 --> 00:34:26,399  
the definition

806  
00:34:31,349 --> 00:34:29,280  
of their magnificence

807  
00:34:34,629 --> 00:34:31,359  
so that they can learn

808  
00:34:37,109 --> 00:34:34,639  
to define themselves and create the life

809  
00:34:39,510 --> 00:34:37,119  
they want

810  
00:34:42,149 --> 00:34:39,520  
well uh i'm glad uh that you have that

811  
00:34:44,310 --> 00:34:42,159  
especially because i have um uh eight

812  
00:34:46,550 --> 00:34:44,320  
months old a four four-year-old and a

813  
00:34:48,869 --> 00:34:46,560

fourteen-year-old and i wish we started

814

00:34:49,669 --> 00:34:48,879

with the year old a lot sooner because

815

00:34:51,589 --> 00:34:49,679

um

816

00:34:54,149 --> 00:34:51,599

this would be you know

817

00:34:55,990 --> 00:34:54,159

when i sit back is i feel like parents

818

00:34:58,470 --> 00:34:56,000

don't take enough action in their kids

819

00:35:00,470 --> 00:34:58,480

life to to teach them their values and

820

00:35:02,390 --> 00:35:00,480

and what they feel like you know it's

821

00:35:04,630 --> 00:35:02,400

important as you know to be part of the

822

00:35:07,109 --> 00:35:04,640

family and what the family stands for

823

00:35:09,510 --> 00:35:07,119

and uh they teach them the wrong

824

00:35:10,950 --> 00:35:09,520

values right yeah especially if the

825

00:35:13,990 --> 00:35:10,960

parents don't have them to begin with

826

00:35:16,390 --> 00:35:14,000

that you know i can see that so most

827

00:35:18,950 --> 00:35:16,400

kids are taught sit down shut up be

828

00:35:21,510 --> 00:35:18,960

quiet don't bother us that was my

829

00:35:23,349 --> 00:35:21,520

upbringing don't ask questions

830

00:35:24,950 --> 00:35:23,359

because i said so that was that was my

831

00:35:26,310 --> 00:35:24,960

parents favorite answer because i said

832

00:35:27,190 --> 00:35:26,320

so

833

00:35:31,510 --> 00:35:27,200

yeah

834

00:35:35,030 --> 00:35:31,520

but you see that i mean i got so much

835

00:35:37,030 --> 00:35:35,040

flack from my family the way i raised my

836

00:35:38,230 --> 00:35:37,040

daughter gabrielle

837

00:35:38,950 --> 00:35:38,240

um

838

00:35:45,510 --> 00:35:38,960

you

839

00:35:46,710 --> 00:35:45,520

too many

840

00:35:49,589 --> 00:35:46,720

uh

841

00:35:50,870 --> 00:35:49,599

too many rights right to say what she

842

00:35:53,030 --> 00:35:50,880

thinks

843

00:35:54,790 --> 00:35:53,040

and all that well

844

00:35:59,270 --> 00:35:54,800

look at her today

845

00:36:00,310 --> 00:35:59,280

she has two best-selling books out

846

00:36:03,190 --> 00:36:00,320

she

847

00:36:05,589 --> 00:36:03,200

has a top podcast on

848

00:36:07,109 --> 00:36:05,599

she has just been offered to direct her

849

00:36:08,790 --> 00:36:07,119

first film

850

00:36:12,390 --> 00:36:08,800

i mean

851

00:36:15,670 --> 00:36:12,400

yeah i'm really proud that i taught her

852

00:36:18,150 --> 00:36:15,680

to be a very strong woman when she was

853

00:36:20,550 --> 00:36:18,160

four years old

854

00:36:23,510 --> 00:36:20,560

that's wonderful yeah that no that's a

855

00:36:25,270 --> 00:36:23,520

perfect example but for example of a

856

00:36:27,589 --> 00:36:25,280

working strategy i guess for lack of a

857

00:36:30,069 --> 00:36:27,599

better word

858

00:36:31,510 --> 00:36:30,079

so um a deal i figured we're going to

859

00:36:33,349 --> 00:36:31,520

some questions let me just talk to the

860

00:36:35,510 --> 00:36:33,359

audience real quick uh for those listed

861

00:36:37,190 --> 00:36:35,520

on telegram if you raise your hand if

862

00:36:38,310 --> 00:36:37,200

you would like to ask a question

863

00:36:40,550 --> 00:36:38,320

directly

864

00:36:42,069 --> 00:36:40,560

just click that little fella that looks

865

00:36:44,790 --> 00:36:42,079

like they're raising their hand that

866

00:36:46,470 --> 00:36:44,800

will put you in my queue and um

867

00:36:48,630 --> 00:36:46,480

some of i have already submitted some

868

00:36:50,230 --> 00:36:48,640

question in chat and i appreciate them

869

00:36:52,870 --> 00:36:50,240

using the three asterisks before the

870

00:36:54,710 --> 00:36:52,880

question it just helps me it pops out at

871

00:36:56,950 --> 00:36:54,720

me a lot easier and i know it's meant

872

00:36:58,550 --> 00:36:56,960

for the guests so um

873

00:37:00,230 --> 00:36:58,560

i figured let's uh let's get started

874

00:37:02,390 --> 00:37:00,240

with the first question the first one is

875

00:37:04,630 --> 00:37:02,400

from labels369

876

00:37:07,349 --> 00:37:04,640

asking how did you bypass the training

877

00:37:09,750 --> 00:37:07,359

of your early childhood we were you

878

00:37:13,030 --> 00:37:09,760

reared with less negative negativity

879

00:37:19,190 --> 00:37:15,910

i believe i was

880

00:37:22,710 --> 00:37:19,200

and i lived in a very

881

00:37:24,630 --> 00:37:22,720

i lived in a house of dichotomy

882

00:37:27,589 --> 00:37:24,640

there was a lot of love

883

00:37:30,630 --> 00:37:27,599

and there was a lot of trauma

884

00:37:34,829 --> 00:37:32,790

i think i knew

885

00:37:36,630 --> 00:37:34,839

innately within

886

00:37:40,230 --> 00:37:36,640

me

887

00:37:42,069 --> 00:37:40,240

that if i was going to pull myself out

888

00:37:48,310 --> 00:37:42,079

of where i was

889

00:37:52,950 --> 00:37:50,470

i had a lot of support

890

00:37:53,829 --> 00:37:52,960

from my mother even though when i told

891

00:37:55,829 --> 00:37:53,839

her i

892

00:37:58,470 --> 00:37:55,839

wanted to be an actress and i was going

893

00:37:59,430 --> 00:37:58,480

to new york she said oh dede

894

00:38:04,310 --> 00:37:59,440

can you

895

00:38:06,310 --> 00:38:04,320

kansas

896

00:38:08,550 --> 00:38:06,320

you know because

897

00:38:10,710 --> 00:38:08,560

parents have their own fears and they

898

00:38:12,069 --> 00:38:10,720

want to protect us

899

00:38:15,030 --> 00:38:12,079

but

900

00:38:16,230 --> 00:38:15,040

i'm telling all of you

901  
00:38:22,069 --> 00:38:16,240  
you

902  
00:38:24,390 --> 00:38:22,079  
no one can feel a feeling

903  
00:38:27,270 --> 00:38:24,400  
think of thought

904  
00:38:28,470 --> 00:38:27,280  
hold a belief or a perspective

905  
00:38:30,710 --> 00:38:28,480  
that you

906  
00:38:34,150 --> 00:38:30,720  
do not choose

907  
00:38:36,950 --> 00:38:34,160  
consciously or unconsciously

908  
00:38:39,510 --> 00:38:36,960  
that's why we were given free will to

909  
00:38:44,069 --> 00:38:39,520  
create ourselves on this plane

910  
00:38:47,910 --> 00:38:44,079  
so if you want to change your life

911  
00:38:50,230 --> 00:38:47,920  
look within you and start seeing where

912  
00:38:52,710 --> 00:38:50,240  
you can be happier

913  
00:38:55,270 --> 00:38:52,720

where you can be more joyful

914

00:38:57,670 --> 00:38:55,280

where you can give yourself freedom

915

00:39:00,150 --> 00:38:57,680

where all the ways that you can find to

916

00:39:02,230 --> 00:39:00,160

love yourself

917

00:39:04,710 --> 00:39:02,240

because

918

00:39:06,790 --> 00:39:04,720

you're very powerful guys

919

00:39:10,950 --> 00:39:06,800

you're so powerful

920

00:39:12,470 --> 00:39:10,960

but you have to choose to use that power

921

00:39:14,550 --> 00:39:12,480

thank you for that

922

00:39:15,829 --> 00:39:14,560

uh the next question is from edward

923

00:39:18,630 --> 00:39:15,839

asking

924

00:39:21,349 --> 00:39:18,640

uh okay that the story of my life how

925

00:39:22,950 --> 00:39:21,359

can we reprogram our brain to eliminate

926

00:39:26,150 --> 00:39:22,960

these thoughts

927

00:39:28,790 --> 00:39:26,160

okay good question and it's easier than

928

00:39:33,109 --> 00:39:28,800

you think

929

00:39:34,710 --> 00:39:33,119

the simple answer is be conscious

930

00:39:36,870 --> 00:39:34,720

so

931

00:39:40,950 --> 00:39:36,880

for example if i get up in the morning

932

00:39:43,030 --> 00:39:40,960

and go oh my god i look so fat

933

00:39:45,109 --> 00:39:43,040

i stop and i go

934

00:39:47,109 --> 00:39:45,119

deanna

935

00:39:48,630 --> 00:39:47,119

is that thought really going to get you

936

00:39:50,069 --> 00:39:48,640

what you want

937

00:39:52,630 --> 00:39:50,079

do you think

938

00:39:54,710 --> 00:39:52,640

everybody out there is going to hire a

939

00:39:56,630 --> 00:39:54,720

fat actress

940

00:39:59,270 --> 00:39:56,640

do you think anybody out there is going

941

00:40:02,230 --> 00:39:59,280

to want to play with somebody who's

942

00:40:05,270 --> 00:40:02,240

judging themselves all the time deanna

943

00:40:07,670 --> 00:40:05,280

you are already in the toilet and you're

944

00:40:10,550 --> 00:40:07,680

ready to flush yourself down would you

945

00:40:12,390 --> 00:40:10,560

like to choose a new thought

946

00:40:15,910 --> 00:40:12,400

and i go

947

00:40:18,470 --> 00:40:15,920

yeah i think i'm going to love my body

948

00:40:20,309 --> 00:40:18,480

i think i'm just going to love me the

949

00:40:21,910 --> 00:40:20,319

way i am

950

00:40:24,550 --> 00:40:21,920

and i'm going to know that there are

951  
00:40:27,349 --> 00:40:24,560  
other people out there that are going to

952  
00:40:29,190 --> 00:40:27,359  
love me the way i am and that's what i'm

953  
00:40:31,670 --> 00:40:29,200  
putting out there today

954  
00:40:35,270 --> 00:40:34,470  
you know self-talk if you do it in that

955  
00:40:36,550 --> 00:40:35,280  
way

956  
00:40:39,270 --> 00:40:36,560  
what it does

957  
00:40:41,349 --> 00:40:39,280  
is you literally start laughing i heard

958  
00:40:44,309 --> 00:40:41,359  
somebody giggle right

959  
00:40:47,190 --> 00:40:44,319  
you start laughing and what that does is

960  
00:40:50,390 --> 00:40:47,200  
it disconnects you

961  
00:40:55,430 --> 00:40:50,400  
from that victim place that you're in

962  
00:40:57,430 --> 00:40:55,440  
so that then you can literally choose

963  
00:40:58,550 --> 00:40:57,440

the thought or the feeling that you want

964

00:41:02,470 --> 00:40:58,560

to have

965

00:41:07,349 --> 00:41:05,990

so oh my god i never have enough money

966

00:41:11,349 --> 00:41:07,359

we'll never

967

00:41:15,349 --> 00:41:12,150

but

968

00:41:17,109 --> 00:41:15,359

if you stop and go

969

00:41:20,150 --> 00:41:17,119

i love money

970

00:41:21,670 --> 00:41:20,160

i love having money

971

00:41:25,829 --> 00:41:21,680

i do

972

00:41:28,470 --> 00:41:25,839

that money

973

00:41:31,670 --> 00:41:28,480

well i could help people i could buy

974

00:41:34,390 --> 00:41:31,680

things for my daughter i could

975

00:41:36,870 --> 00:41:34,400

give to all the charities that i love to

976

00:41:38,870 --> 00:41:36,880

give to i could pay my mom's house off

977

00:41:40,230 --> 00:41:38,880

which i did

978

00:41:42,470 --> 00:41:40,240

you know

979

00:41:43,990 --> 00:41:42,480

money feels good

980

00:41:46,230 --> 00:41:44,000

yeah

981

00:41:49,109 --> 00:41:46,240

i love money

982

00:41:50,390 --> 00:41:49,119

i'm gonna be the vibration of money i'm

983

00:41:52,790 --> 00:41:50,400

going to be

984

00:41:55,430 --> 00:41:52,800

the vibration of money

985

00:41:56,950 --> 00:41:55,440

i'm not going to try and get money i'm

986

00:42:00,069 --> 00:41:56,960

going to be

987

00:42:04,390 --> 00:42:00,079

money and then money finds you i promise

988

00:42:06,950 --> 00:42:04,400

you it's crazy to watch just like et

989

00:42:12,150 --> 00:42:08,390

great thank you for that

990

00:42:14,150 --> 00:42:12,160

uh the next question is from jj asking

991

00:42:16,950 --> 00:42:14,160

curious what ms wallace remembers

992

00:42:20,069 --> 00:42:16,960

regarding the et mandela effect

993

00:42:22,950 --> 00:42:20,079

does she remember et saying phone home

994

00:42:25,589 --> 00:42:22,960

or home phone when et points out the

995

00:42:29,430 --> 00:42:26,950

e.t

996

00:42:30,950 --> 00:42:29,440

always says phone home

997

00:42:32,470 --> 00:42:30,960

okay

998

00:42:35,670 --> 00:42:32,480

all right

999

00:42:39,510 --> 00:42:35,680

because and let me explain

1000

00:42:44,470 --> 00:42:40,870

creation

1001

00:42:47,109 --> 00:42:44,480

has to start within you

1002

00:42:50,390 --> 00:42:47,119

and that was one of et's message

1003

00:42:52,550 --> 00:42:50,400

because if you shut off your heart and

1004

00:42:55,109 --> 00:42:52,560

you shut down your heart

1005

00:42:58,069 --> 00:42:55,119

you cannot send

1006

00:43:01,510 --> 00:42:58,079

that positive light frequency out into

1007

00:43:02,790 --> 00:43:01,520

the electromagnetic universe

1008

00:43:04,630 --> 00:43:02,800

you can't

1009

00:43:07,589 --> 00:43:04,640

phone home

1010

00:43:09,750 --> 00:43:07,599

if you shut yourself down and what most

1011

00:43:12,390 --> 00:43:09,760

of us believe is

1012

00:43:16,550 --> 00:43:12,400

if we get in fear or

1013

00:43:19,270 --> 00:43:16,560

challenged in any way we shut down to

1014

00:43:21,430 --> 00:43:19,280

protect ourselves which is the worst

1015

00:43:23,829 --> 00:43:21,440

thing you can do

1016

00:43:26,950 --> 00:43:23,839

you you want to consciously open your

1017

00:43:29,589 --> 00:43:26,960

heart open your chakras

1018

00:43:31,990 --> 00:43:29,599

so that the energy can flow through you

1019

00:43:35,589 --> 00:43:32,000

look guys you've heard it

1020

00:43:38,230 --> 00:43:35,599

in so many look at peter pan think happy

1021

00:43:41,430 --> 00:43:38,240

thoughts and you fly

1022

00:43:43,270 --> 00:43:41,440

uh the wizard of oz you had the power

1023

00:43:44,950 --> 00:43:43,280

all along dorothy

1024

00:43:46,790 --> 00:43:44,960

to go back home

1025

00:43:48,790 --> 00:43:46,800

e.t

1026

00:43:50,870 --> 00:43:48,800

keep your heart light open

1027

00:43:54,150 --> 00:43:50,880

and you get home

1028

00:43:57,349 --> 00:43:54,160

we hear it and we hear it and we hear it

1029

00:44:01,349 --> 00:43:58,790

great thank you

1030

00:44:04,630 --> 00:44:01,359

um the next next

1031

00:44:07,270 --> 00:44:04,640

question is from um meows

1032

00:44:09,430 --> 00:44:07,280

basically asking how to let go of family

1033

00:44:13,190 --> 00:44:09,440

members who have been distant

1034

00:44:20,069 --> 00:44:15,910

okay well my first question to you is

1035

00:44:26,150 --> 00:44:23,030

do you need them for your self-esteem do

1036

00:44:28,630 --> 00:44:26,160

you need to feel like you're in control

1037

00:44:31,109 --> 00:44:28,640

by getting them back

1038

00:44:33,030 --> 00:44:31,119

do you feel guilty

1039

00:44:36,710 --> 00:44:33,040

because you think you've done something

1040

00:44:42,550 --> 00:44:39,109

the guiding statement that i give all my

1041

00:44:45,109 --> 00:44:42,560

clients is do not throw your pearls

1042

00:44:48,550 --> 00:44:45,119

before swine

1043

00:44:50,470 --> 00:44:48,560

and what that means is

1044

00:44:52,710 --> 00:44:50,480

if there are those in your life

1045

00:44:54,390 --> 00:44:52,720

who are not willing to receive the love

1046

00:44:57,829 --> 00:44:54,400

from you

1047

00:45:01,510 --> 00:44:59,589

why

1048

00:45:05,750 --> 00:45:01,520

go take your love

1049

00:45:09,270 --> 00:45:05,760

to someone who does who wants it

1050

00:45:11,349 --> 00:45:09,280

who wants that interaction

1051  
00:45:14,870 --> 00:45:11,359  
and who will

1052  
00:45:18,150 --> 00:45:14,880  
respect and honor you

1053  
00:45:20,390 --> 00:45:18,160  
in the way you deserve to be respected

1054  
00:45:24,069 --> 00:45:20,400  
and honored

1055  
00:45:25,829 --> 00:45:24,079  
i hope that answered your question

1056  
00:45:28,790 --> 00:45:25,839  
great thank you dee well dee we're

1057  
00:45:30,790 --> 00:45:28,800  
coming close to to our uh uh conclusion

1058  
00:45:32,790 --> 00:45:30,800  
of the interview i wanted to ask you if

1059  
00:45:35,430 --> 00:45:32,800  
you could leave us with some final

1060  
00:45:38,870 --> 00:45:35,440  
thoughts before we sign off

1061  
00:45:41,349 --> 00:45:38,880  
yes guys that the biggest message my

1062  
00:45:44,390 --> 00:45:41,359  
channel always brings through

1063  
00:45:46,790 --> 00:45:44,400

is love yourself and love yourself

1064

00:45:49,430 --> 00:45:46,800

and love yourself more

1065

00:45:52,069 --> 00:45:49,440

because really

1066

00:45:54,390 --> 00:45:52,079

that has to be in place

1067

00:45:57,190 --> 00:45:54,400

for your creation process

1068

00:45:59,430 --> 00:45:57,200

to bring about all the desires of your

1069

00:46:01,589 --> 00:45:59,440

heart

1070

00:46:05,109 --> 00:46:01,599

and it's easy

1071

00:46:07,670 --> 00:46:06,390

and

1072

00:46:10,790 --> 00:46:07,680

i will

1073

00:46:12,950 --> 00:46:10,800

show everybody right now i want you

1074

00:46:14,950 --> 00:46:12,960

to pick a love place

1075

00:46:17,190 --> 00:46:14,960

and that's anything that makes your

1076  
00:46:19,990 --> 00:46:17,200  
heart open and makes you smile i go

1077  
00:46:24,390 --> 00:46:20,000  
right to my doggie

1078  
00:46:28,710 --> 00:46:24,400  
or my beautiful hawaii that i love

1079  
00:46:31,270 --> 00:46:28,720  
or my daughter when she was a baby

1080  
00:46:34,230 --> 00:46:31,280  
so find something

1081  
00:46:36,790 --> 00:46:34,240  
that is your love place

1082  
00:46:38,950 --> 00:46:36,800  
and just close your eyes go to your

1083  
00:46:40,630 --> 00:46:38,960  
heart center and you know where that is

1084  
00:46:41,670 --> 00:46:40,640  
and just

1085  
00:46:46,630 --> 00:46:41,680  
feel

1086  
00:46:46,640 --> 00:46:53,670  
and just let it expand just wallow in it

1087  
00:46:59,829 --> 00:46:55,349  
and now choose

1088  
00:47:04,470 --> 00:47:01,510

if you

1089

00:47:07,750 --> 00:47:04,480

know how to love anything

1090

00:47:09,670 --> 00:47:07,760

you know how to love yourself

1091

00:47:11,270 --> 00:47:09,680

practice it

1092

00:47:17,430 --> 00:47:11,280

and

1093

00:47:21,910 --> 00:47:19,829

dee that was great thank you very much

1094

00:47:23,990 --> 00:47:21,920

again for all your messages today and

1095

00:47:26,710 --> 00:47:24,000

for being on and speaking to everyone

1096

00:47:28,150 --> 00:47:26,720

here so um

1097

00:47:30,230 --> 00:47:28,160

let me let me finish up with the

1098

00:47:33,510 --> 00:47:30,240

audience uh please don't log off for me

1099

00:47:35,349 --> 00:47:33,520

and uh then we'll conclude here so

1100

00:47:38,069 --> 00:47:35,359

everyone else watching thank you all

1101  
00:47:40,870 --> 00:47:38,079  
very much for tuning in um as always the

1102  
00:47:43,910 --> 00:47:40,880  
link to this book uh

1103  
00:47:46,150 --> 00:47:43,920  
born giving birth to a new you and her

1104  
00:47:47,349 --> 00:47:46,160  
website and i'm sure it's many other

1105  
00:47:48,230 --> 00:47:47,359  
things that she

1106  
00:47:50,470 --> 00:47:48,240  
has

1107  
00:47:53,190 --> 00:47:50,480  
for you to look at and and

1108  
00:47:56,549 --> 00:47:53,200  
to offer please do go check it out it's

1109  
00:47:57,990 --> 00:47:56,559  
all in the description below uh i'm

1110  
00:47:59,990 --> 00:47:58,000  
basically just uh

1111  
00:48:02,309 --> 00:48:00,000  
grateful for all of you logging in today

1112  
00:48:05,430 --> 00:48:02,319  
and i hope those of you asking questions

1113  
00:48:07,030 --> 00:48:05,440

that you have your question answered so

1114

00:48:09,829 --> 00:48:07,040

thank you all very much

1115

00:48:12,069 --> 00:48:09,839

dee thank you again and i will speak to